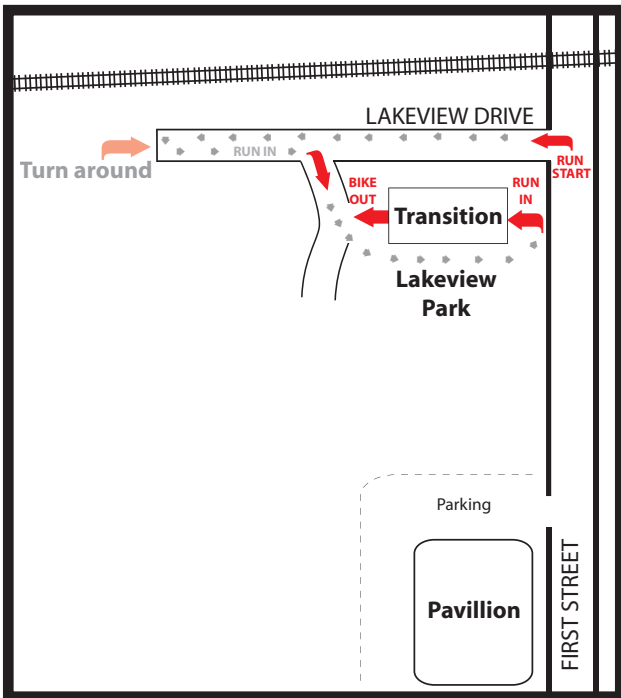
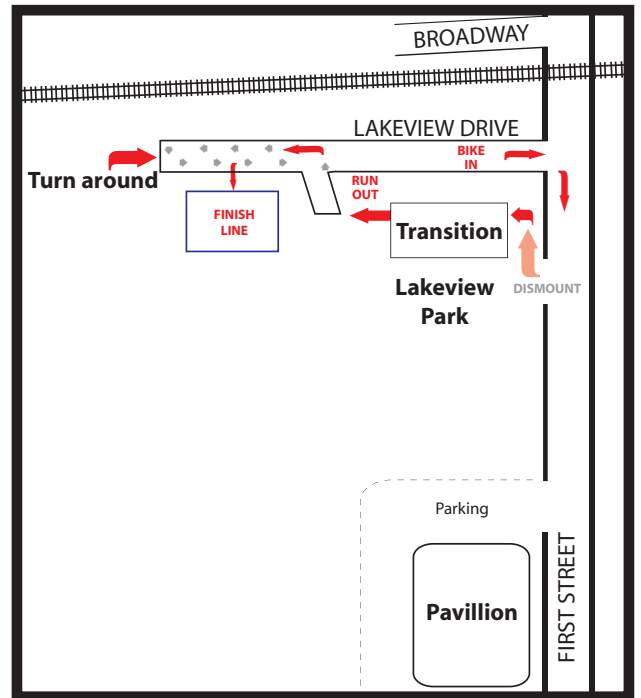




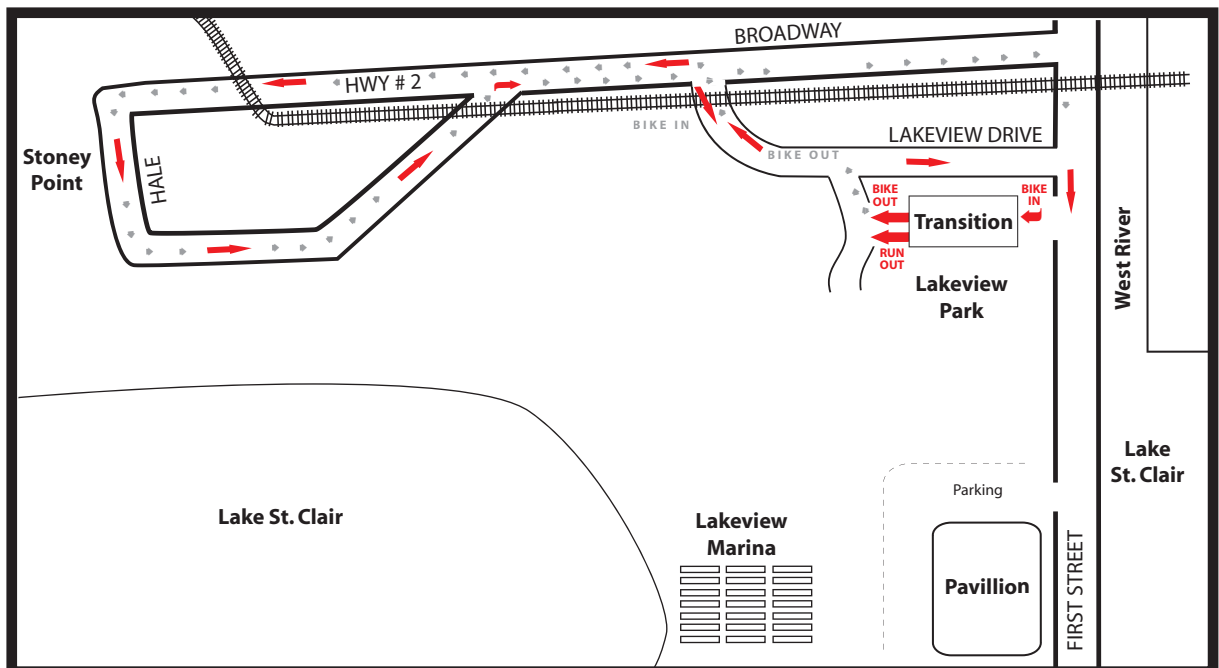
# Belle River Duathlon



**Stage 1 - Run 5 km**



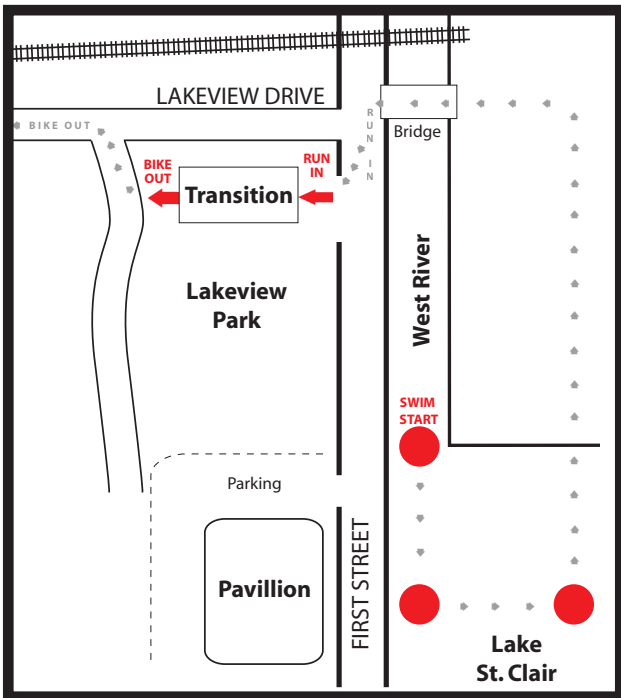
**Stage 3 - Run 5 km**



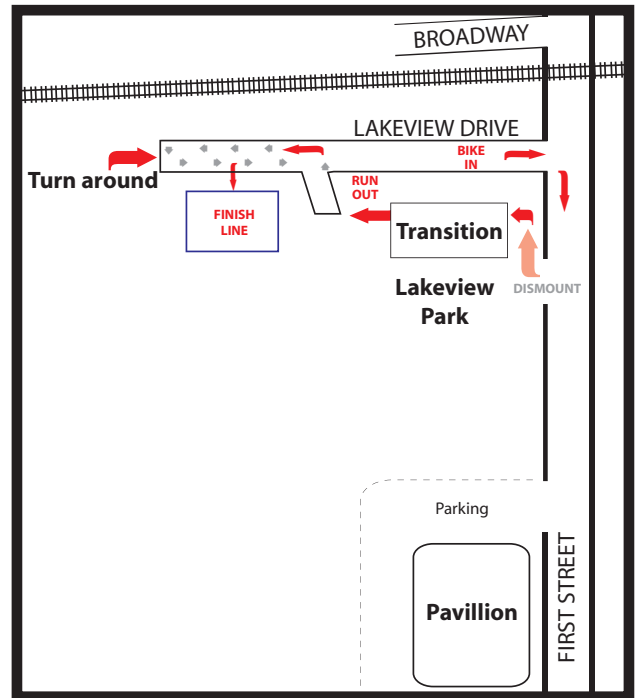
**Stage 2 - Bike 30 km**



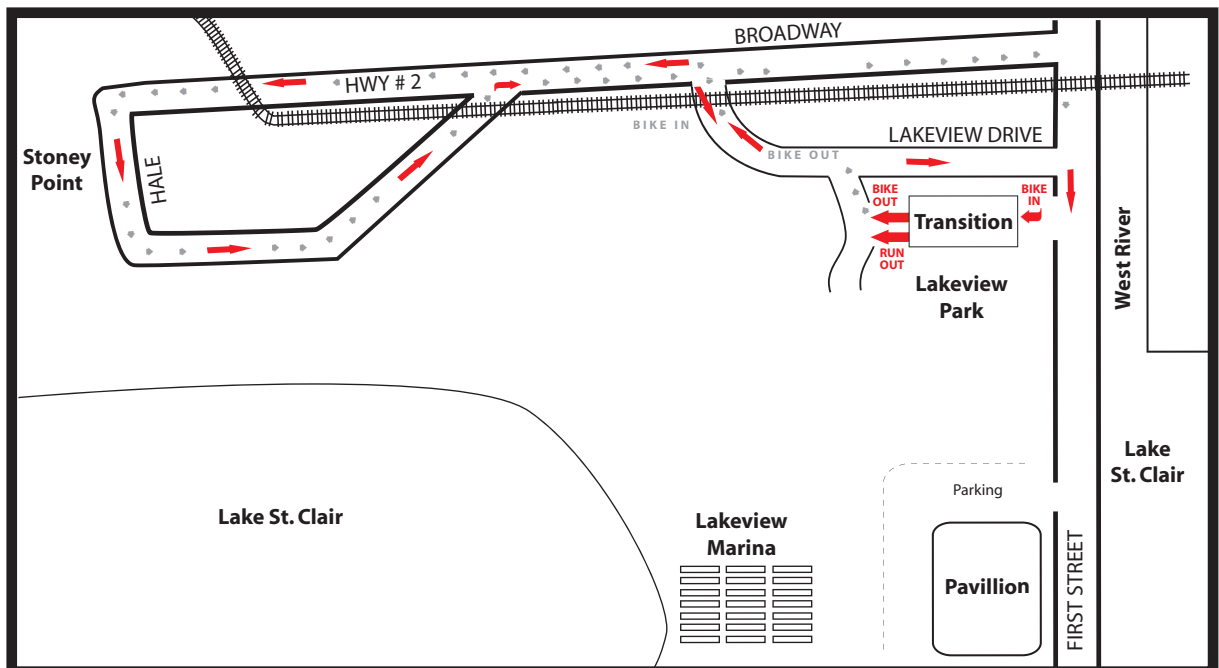
# Belle River Triathlon



**Stage 1 - Swim 600m**



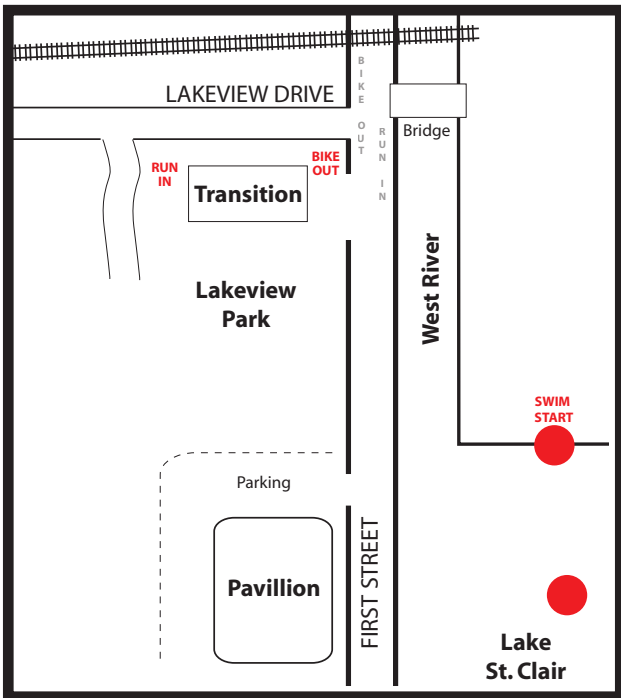
**Stage 3 - Run 5 km**



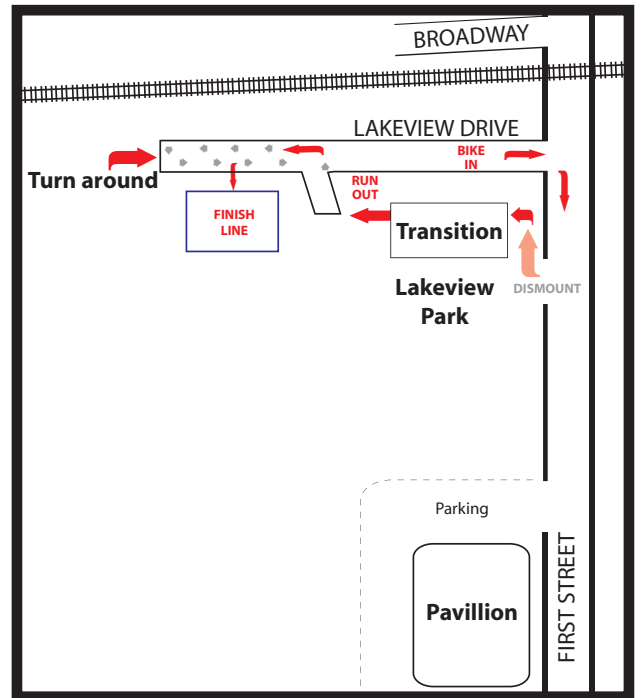
**Stage 2 - Bike 30 km**



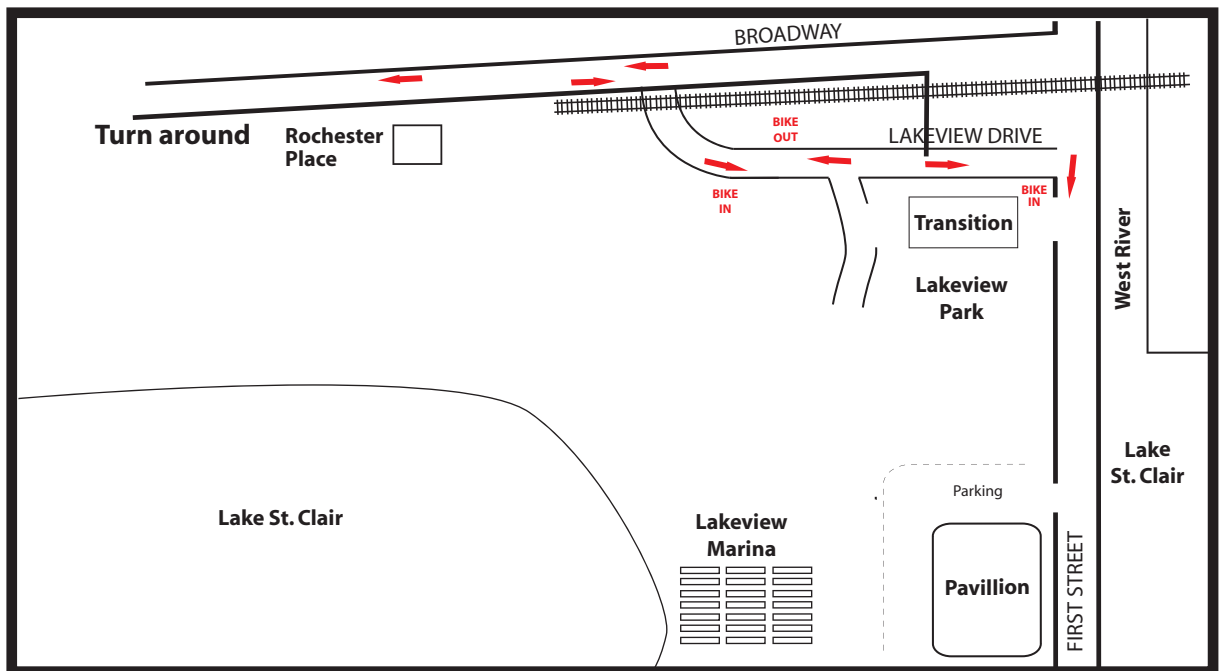
# Belle River Try-A-Tri



**Stage 1 - Swim 300m**



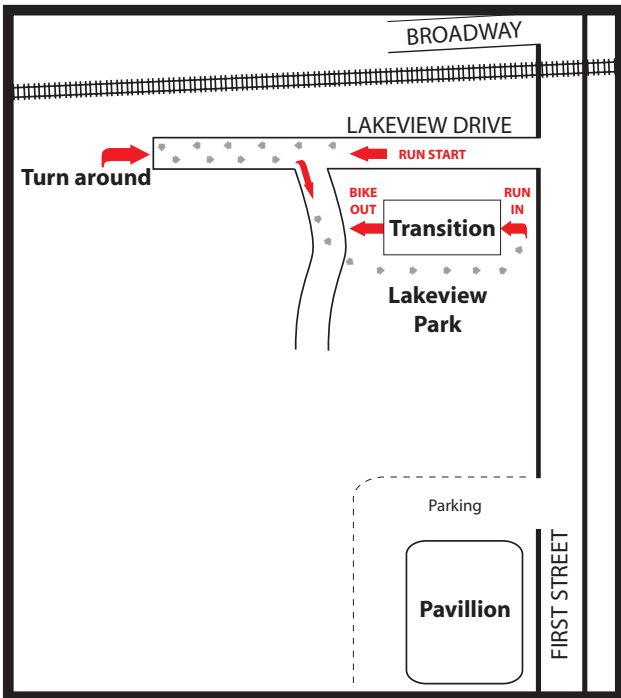
**Stage 3 - Run 2.5 km**



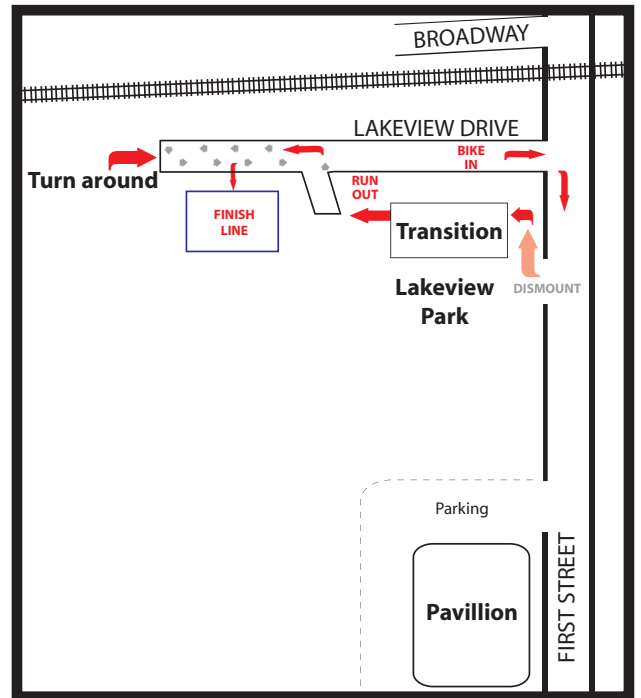
**Stage 2 - Bike 15 km**



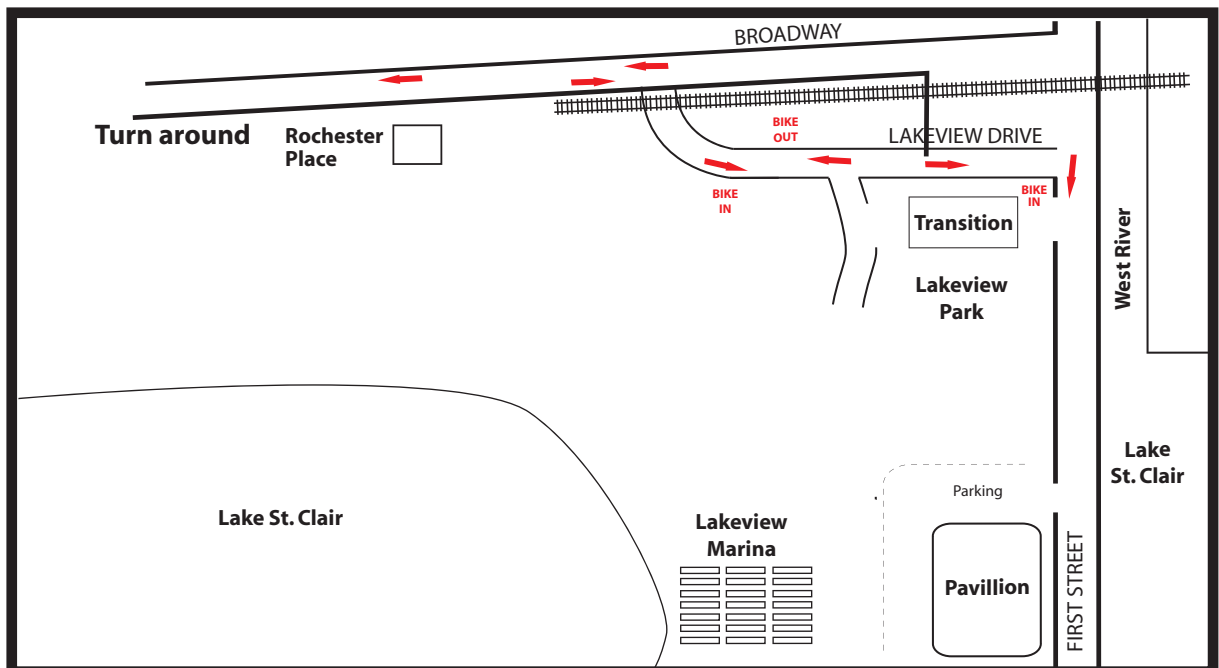
# Belle River Do-A-Du



**Stage 1 - Run 2.5 km**



**Stage 3 - Run 2.5 km**



**Stage 2 - Bike 15 km**