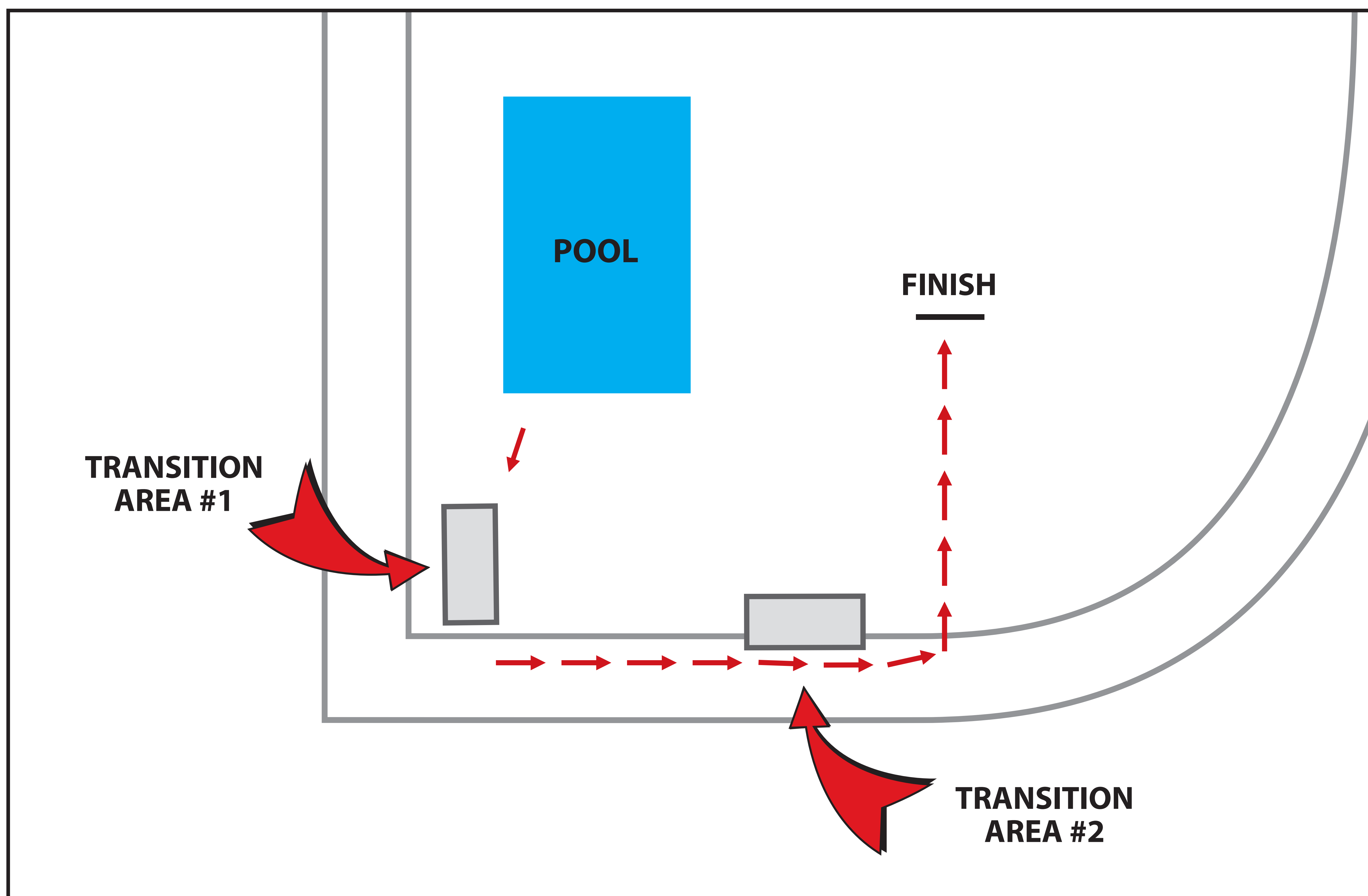


Tim Hortons®

Windsor - St. Clair Rotary Kids for Hospice



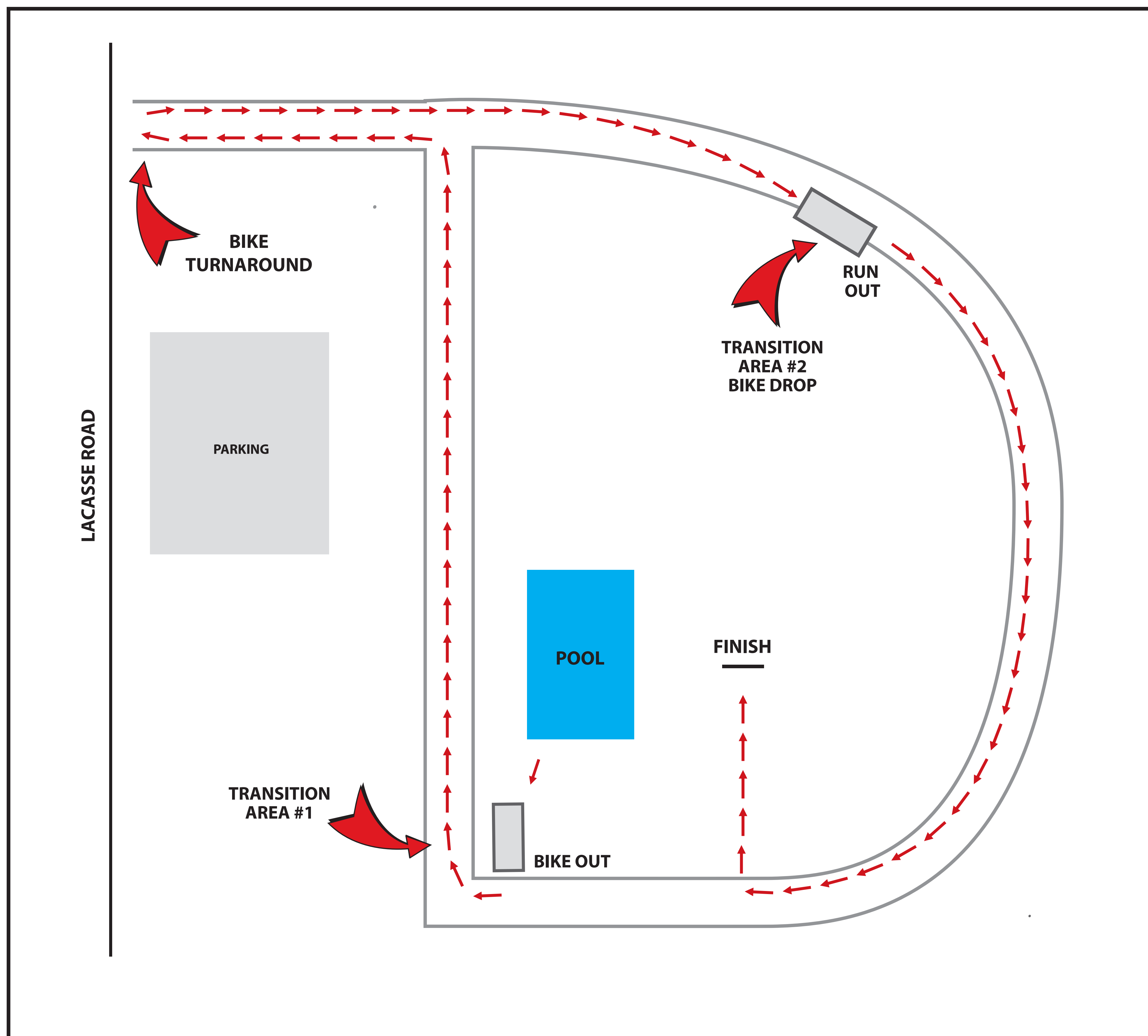
AGES 0-5

(SWIM 15M, BIKE 100M, RUN 50M)

Outside assistance permitted

Tim Hortons®

Windsor - St. Clair Rotary Kids for Hospice

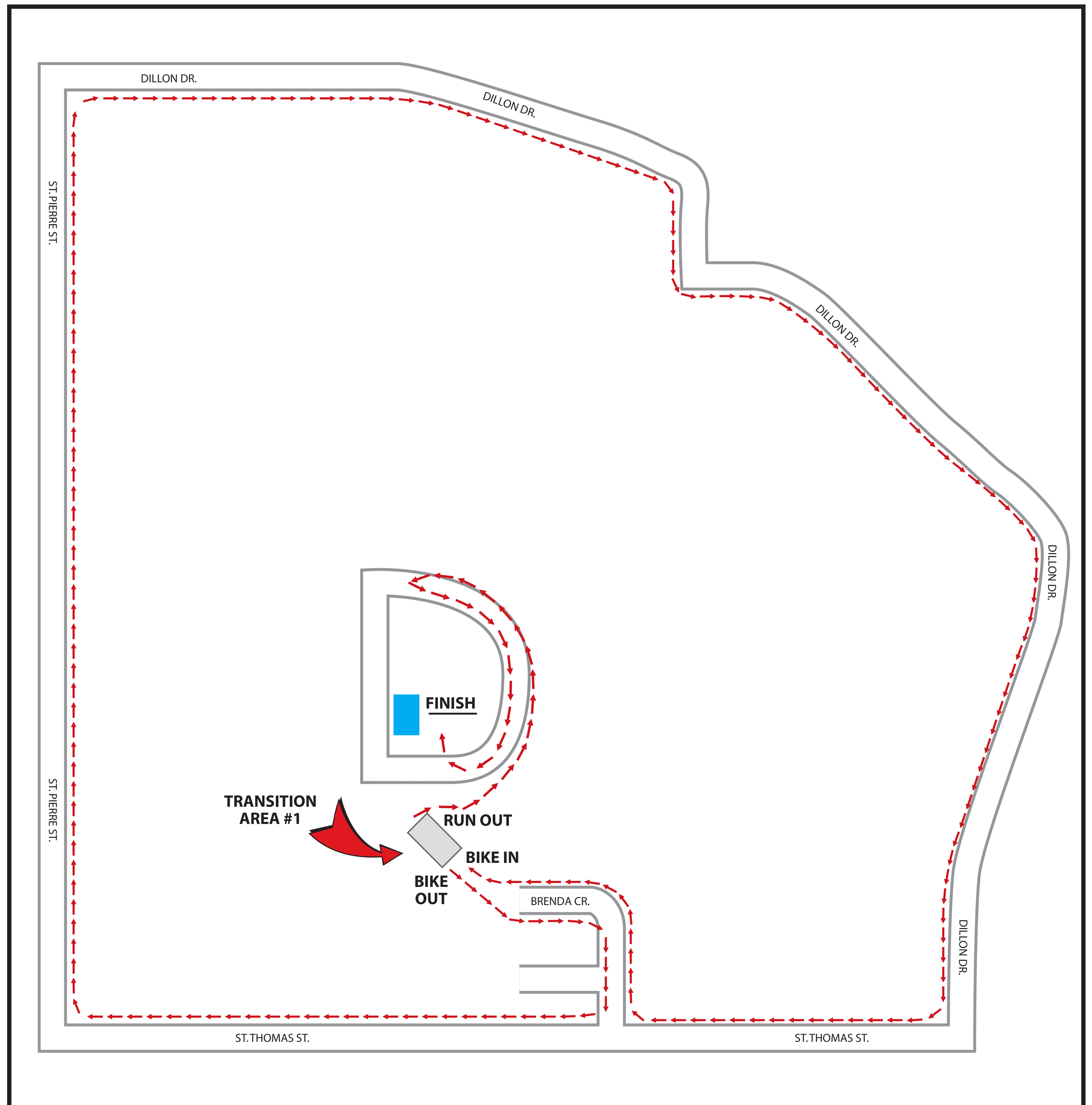
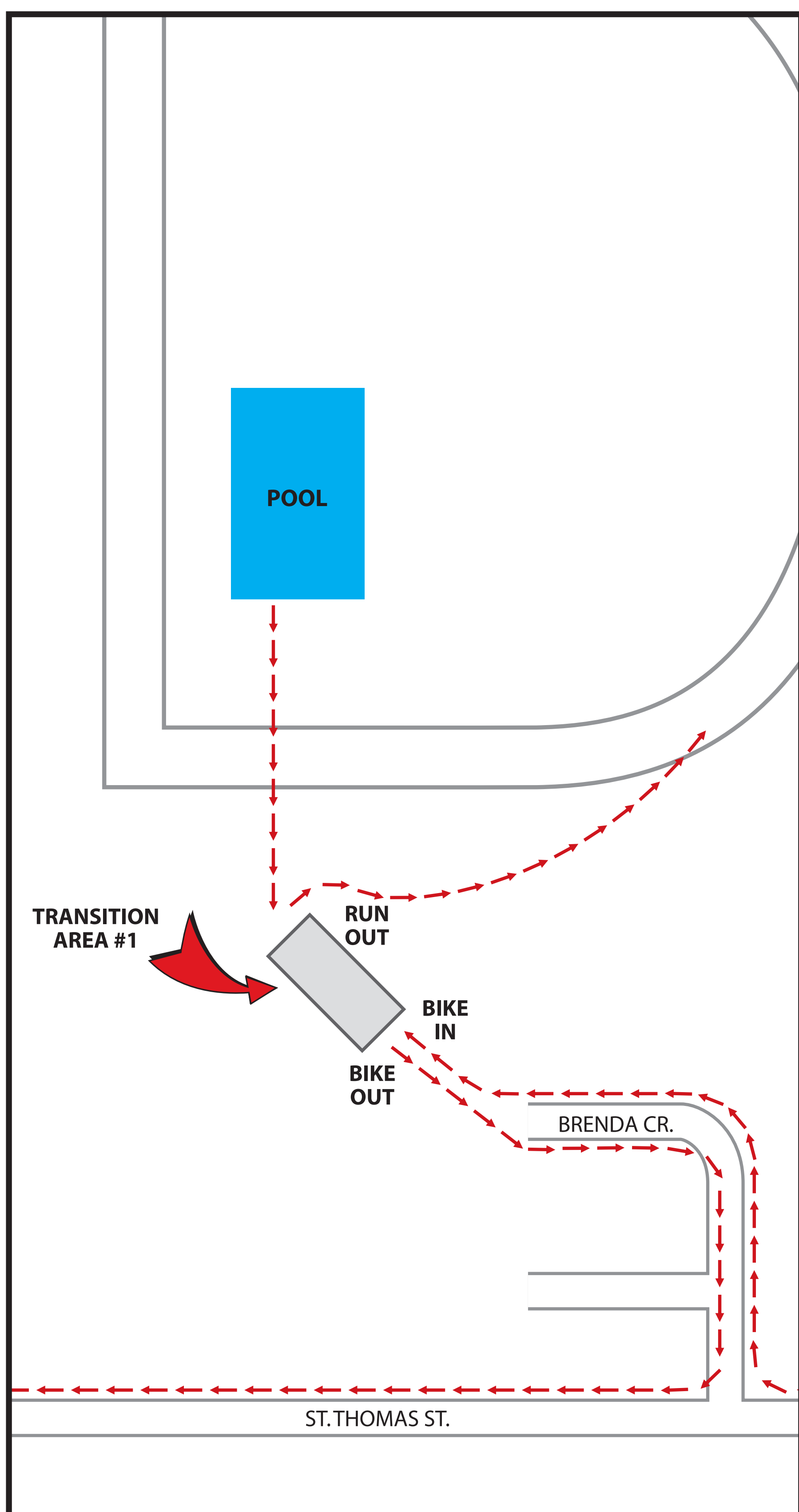


AGES 6-7

(SWIM 25M, BIKE 1KM, RUN 200M)

Tim Hortons®

Windsor - St. Clair Rotary Kids for Hospice



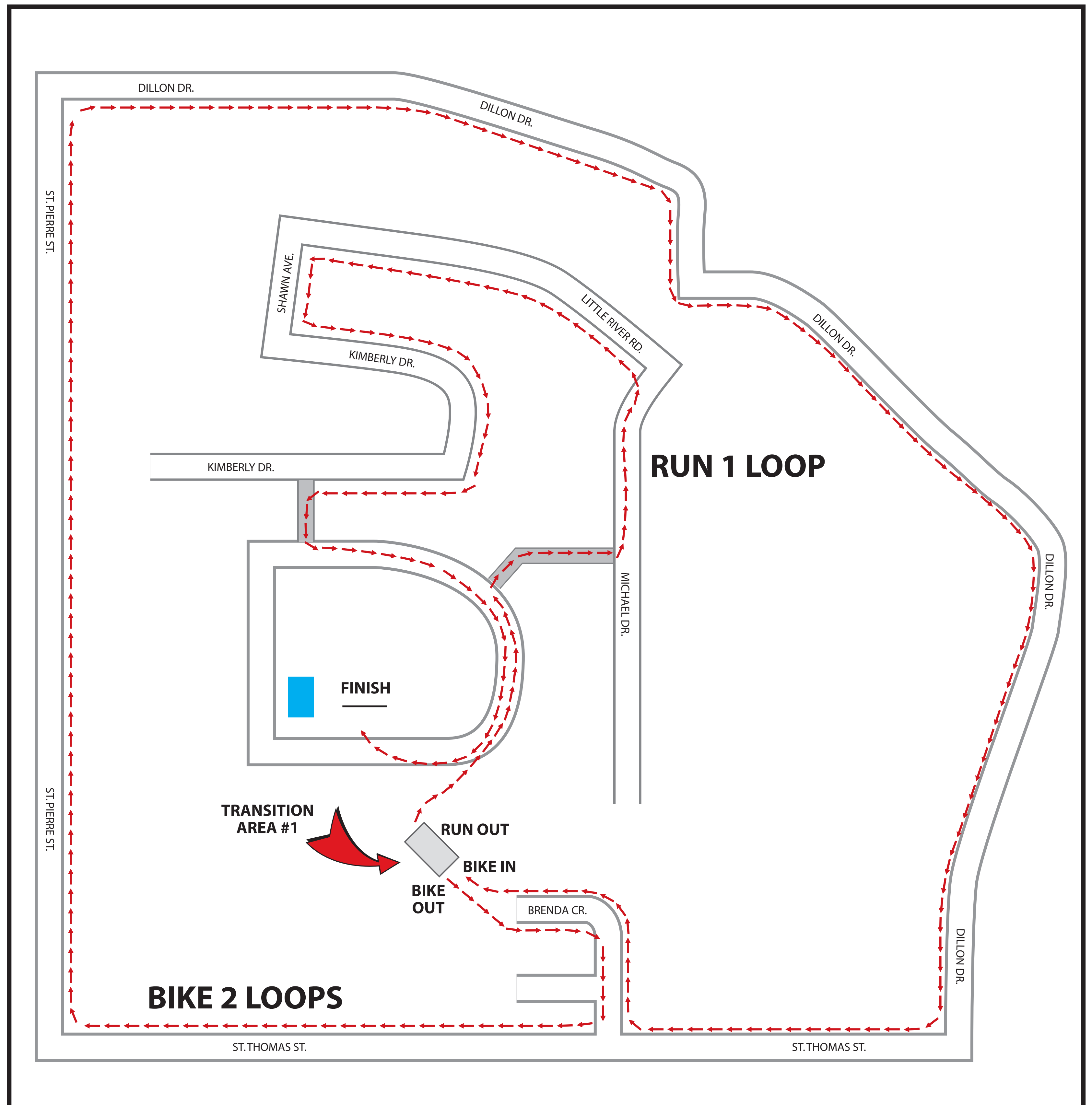
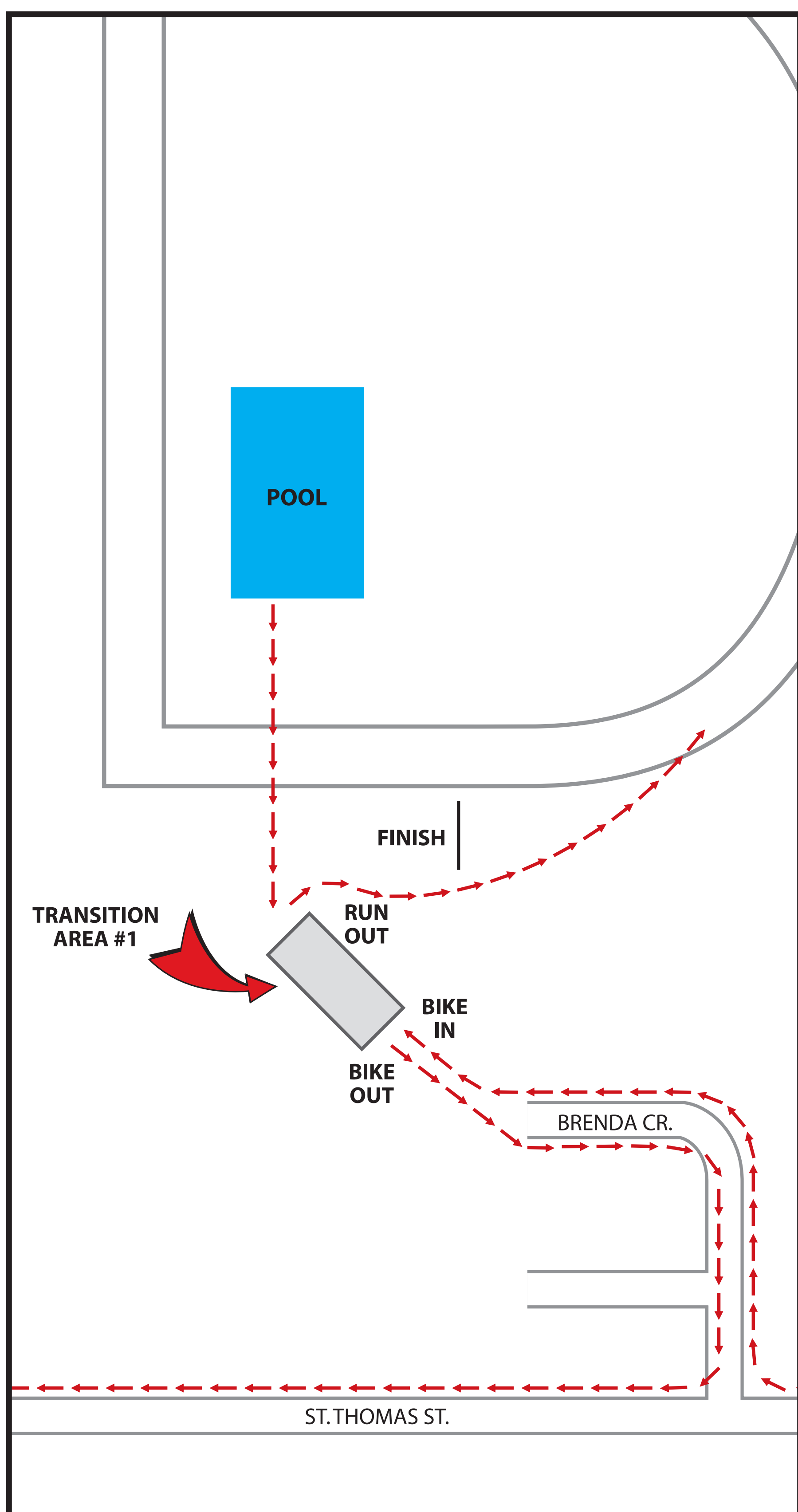
AGES 8 & 9 (BLUE)

(SWIM 100M, BIKE 5K, RUN 1K)

No outside assistance permitted

Tim Hortons®

Windsor - St. Clair Rotary Kids for Hospice



AGES 10-11 (RED)

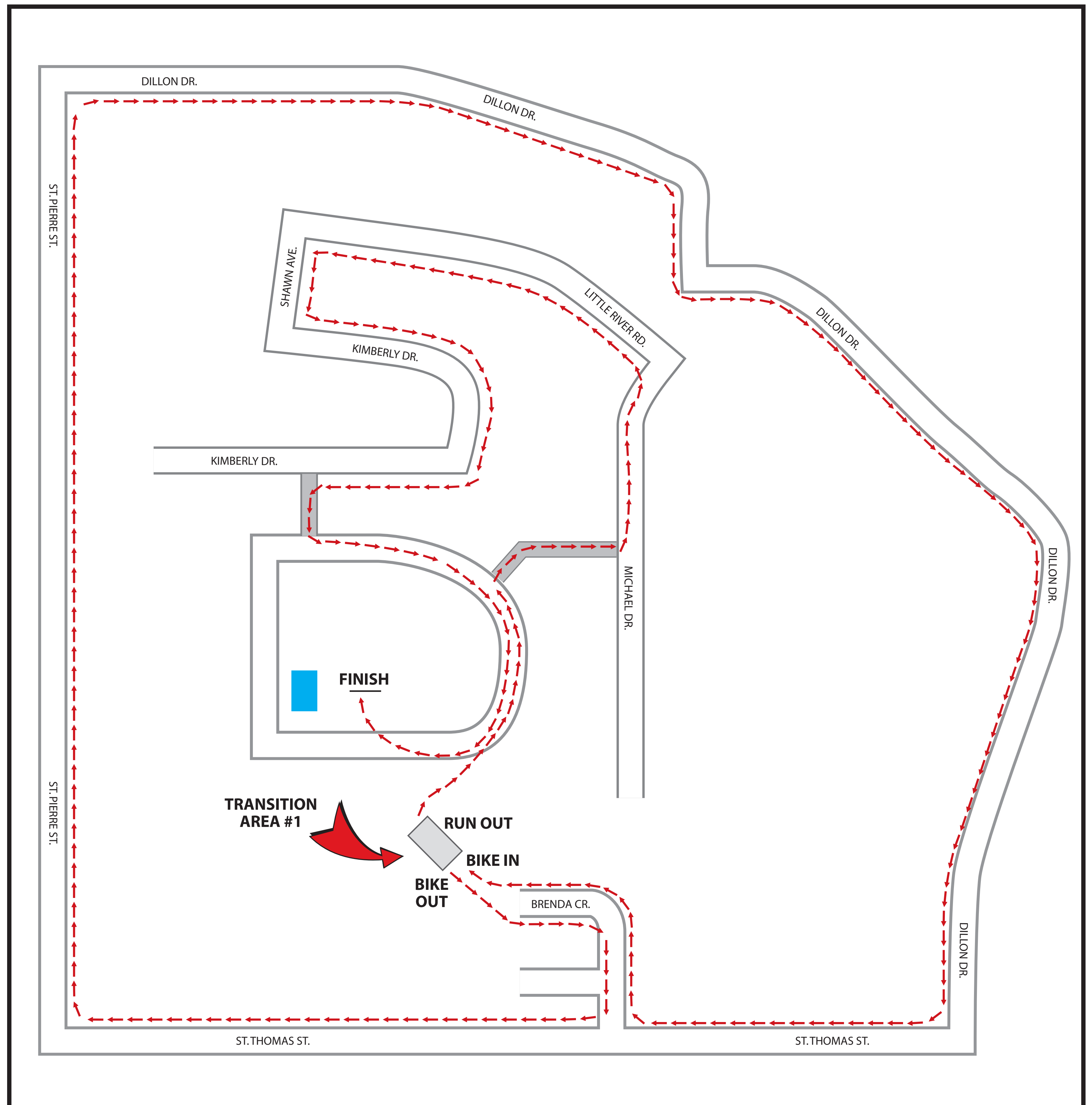
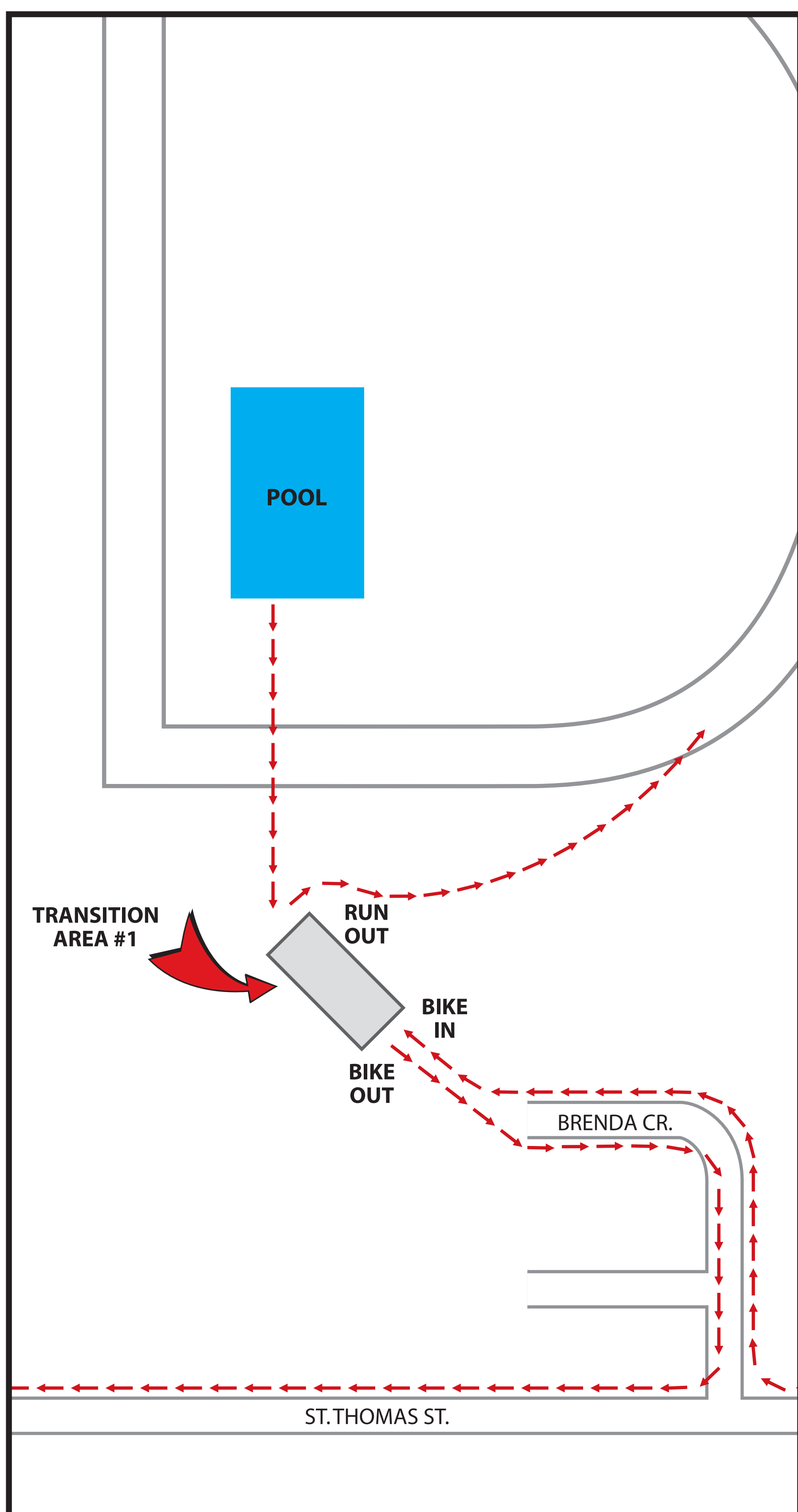
(SWIM 150M, BIKE 10K, RUN 2K)

AGES 12-13 (RED)

(SWIM 200M, BIKE 10K, RUN 2K)

Tim Hortons®

Windsor - St. Clair Rotary Kids for Hospice



AGES 14-15 (GREEN)

(SWIM 300M, BIKE 15K, RUN 4K)

BIKE 3 LOOPS, RUN 2 LOOPS